



## Seniors' Advisory Committee

### Press Release

#### BC Seniors' Week kicks off June 2nd; Health and Wellness Fair June 4th

(Vancouver, May 30, 2013) BC Seniors' Week kicks off this Sunday, June 2nd across British Columbia, celebrating older adults and their many contributions to the community.

The City of Vancouver Seniors' Advisory Committee recently joined Vancouver Mayor Gregor Robertson as he read a Proclamation declaring Seniors' Week in Council chambers (see [video here](#)).

SAC chair Chris Morrissey says: "When people hear the word *seniors*, all kinds of things come into their heads—all kinds of myths about how seniors are a drain on our society, how many of our healthcare dollars they use, and how we spend disproportionate resources on them. Yet it is obvious that many older adults are, in fact, extremely active and continue to contribute to the fabric of society. BC Seniors' Week is the time to recognize their contribution to Vancouver."

During Seniors' Week, various events will be held throughout the city. The flagship event will be the [Wellness Fair and Open House](#) at Yaletown's Roundhouse Community Centre on Tuesday, June 4, from 11am-3pm. At 12:30, Deputy Mayor George Affleck will read the Proclamation again. SAC members will be in attendance and will be happy to talk about our role in the community. The wellness fair is free and people of all ages are welcome to attend. There will be refreshments and door prizes - We hope you will join us!

#### About the City of Vancouver Seniors' Advisory Committee

The Committee was established in 2009 as an advisory body to Vancouver City Council. The Committee's mandate is to enhance access to City of Vancouver services for seniors, the elderly and their families, and to identify and suggest solutions to gaps and barriers that impede the full participation of seniors and the elderly in all aspects of City life.

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